

Clinical Neurophysiology Summer School

July 6-8, 2012, Eforie, Romania

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Abstracts Book

2012 Summer School Participants

(confirmed till the print date)

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Baldea Adrian	Iliescu Ana Maria	Pintilie Dan
Baldea Simona	Iliescu Cosmin	Piticas Adriana
Benga Mihaela	Ionescu Gabriela Ionescu	Profiroi Marinela
Benga Constantin	Joikits Ruxandra	Pungan Mihaela
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Dinca Emanuela	Matei Simona	Tugui Alina
Dinca Andrei	Mihai Zamfir Emilia	Turlea Georgeta
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Filip Dan	Musetescu Mihai	Vizitiu Dragos
Filipoiu Marilena	Nita Smaranda	Vizitiu Simona
Fisher Teodor	Nitu Elisabeta	Voiculescu Ana Maria
		Voiculescu Mihai

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2012 Summer School Invited Speakers

Amzica Florin / Montreal	Florea Bogdan / Cluj-Napoca	Mindruta Ioana / Bucharest
Barborica Andrei / Bucharest	Frasineanu Armand / Bucharest	Moldovan Mircea / Bucharest
Benninger David / Lausanne	Ignat Bogdan / Iasi	Moldovan Mihai / Copenhagen
Bolbocean Orest / Iasi	Lie Octavian / San Antonio	Muresanu Dafin / Cluj-Napoca
Cobzaru Ana Maria / Bucharest	Lupescu Tudor Dimitrie / Bucharest	Schiller Andreas / Zürich
Constantin Dumitru / Bucharest		Sisak Edith / Brasov

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FRIDAY, the 6th of July 2012

12.00-13.00	Registration
Chairpersons: Tudor Lupescu, Ioana Mindruta	
13.00-13.30	Opening Remarks on Clinical Neurophysiology Summer School
13.30-14.20	Amzica Florin: EEG and cellular correlates of sleep
14.20-14.50	Constantin Dumitru: EEG in Encephalopathies
14.50-15.30	Moldovan Mihai: Abnormal axonal ion currents in neuropathy: from diagnostic to therapy
15.30-16.00	COFFEE BREAK
Chairpersons: Mihai Moldovan, Andreas Schiller	
16.00-16.50	Schiller Andreas: Neurogenic thoracic outlet syndrome : what it teaches us about the brachial plexus
16.50-17.40	Benninger David: Transcranial Magnetic Stimulation current concepts and future applications
17.40-17.50	JUST BREAK
Chairpersons: Florin Amzica, David Benninger	
17.50-18.20	Muresanu Dafin: The role of multimodal molecules and pleiotropic metabolic regulators in brain protection and recovery
18.20-19.20	Mindruta Ioana & Frasineanu Armand: EEG evaluation for patients with epilepsy referred to a specialized center
19.20-19.40	Sisak Edith: Diagnosis of brain death
19.40-20.00	Cobzaru Ana Maria: New therapies in peripheral neuropathic pain
20.00-21.30	DINNER
21.30-24.00	EEG during sleep- workshop: Amzica Florin

SATURDAY, the 7th of July 2012

Chairpersons: Ioana Mindruta, Octavian Lie	
8.30-9.00	Lupescu Tudor: Transcranial Magnetic Stimulation
9.00-9.20	Ignat Bogdan: TMS - Evolution of cortical excitability after functional electrical stimulation (FES) based gait rehabilitation in stroke patients
9.20-9.40	Bolbocean Orest: TMS - Transcallosal conduction abnormalities in patients with multiple sclerosis
9.40-10.30	Lie Octavian: Refractory Epilepsy - an American experience
10.30-11.00	COFFEE BREAK
Chairpersons: Bogdan Florea, Florin Amzica	
11.00-11.30	Florea Bogdan: Nonconvulsive Status Epilepticus – to EEG or not to EEG ?
11.30-11.50	Barborica Andrei: Stereoelectroencephalography –an investigation where stereotaxy joins electrophysiology for an accurate localization of the epileptic seizure onset zones.
11.50-12.10	Mindruta Ioana: Experience with lacosamide treatment in Romania - 6 month of Early Access Program.
12.10-12.30	Moldovan Mircea: Segmental motor paralysis of the left upper limb in herpes zoster
12.30-12.50	Lupescu Tudor: Cervical Dystonia - modern therapeutical approach
13.00-14.00	LUNCH
Trainers: Tudor Lupescu, Andreas Schiller, David Benninger, Mihai Moldovan, Edith Sisak, Mircea Moldovan	
Trainers: Florin Amzica, Ioana Mindruta, Bogdan Florea	
14.30-16.30	Hands on WORKSHOPS
16.30-17.00	COFFEE BREAK
17.00-19.30	Hands on WORKSHOPS
19.30-21.00	DINNER
21.00-24.00	EEG during sleep- workshop: Amzica Florin

SUNDAY, the 8th of July 2012

9.00-11.00	Hands on WORKSHOPS
11.00-11.30	COFFEE BREAK
11.30-13.00	Hands on WORKSHOPS
13.00	Closing Remarks

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Andrei BARBORICA

Andrei Barborica, PhD, is an Associate Professor in Electronics and Biomedical Engineering, Faculty of Physics, University of Bucharest. After obtaining his PhD in laser physics in 1994, he became fascinated by the development of neurosciences, and worked in computational neuroscience (1995-1998) then in systems neuroscience (since 1999), performing single-unit electrophysiology in non-human primates as a postdoctoral fellow at Mahoney Center for Mind and Brain of Columbia University (1999-2003). Currently, he is working on Epilepsy and Deep Brain Stimulation (DBS), designing biomedical instrumentation, performing single-unit electrophysiology, stereoelectroencephalography (SEEG) and advanced data analysis. He was a key member of the teams at Bagdasar-Arseni and University Emergency Hospital that have pioneered the DBS and SEEG procedures in Romania.

Stereoelectroencephalography –an investigation where stereotaxy joins electrophysiology for an accurate localization of the epileptic seizure onset zones.

Andrei Barborica, Ioana Mindruta, Jean Ciurea

Presurgical evaluation of patients using intracerebral depth electrodes is required for an accurate definition of the seizure onset zone in pharmacoresistant epilepsy. Despite the fact that the method has been introduced in the 60's by Talairach and Bancaud, it remains one of the most complex and challenging procedures in the present days as well, due to the large number of electrodes (typically more than 10) that need to be accurately inserted in brain's specific areas using stereotactic methods, and the total number of contacts (up to 18 per electrode) that need to be recorded and analyzed. We review in detail the stereotactic surgical planning and implantation techniques, with emphasis on our experience with two different systems. Particularities of the signals recorded with intracerebral electrodes, compared to the scalp EEG, and how these signals can help in delineating the seizure onset zone are discussed.



David BENNINGER

David Benninger obtained his MD at the University of Geneva (1996) where he did internships in Medicine, Neurosurgery and ENMG. He completed his Neurology residency in Zurich and Aarau with fellowships in Clinical Neurophysiology (EEG and Evoked Potentials, ENMG, Cerebrovascular Ultrasound), Neuropsychology, Movement Disorders and Deep Brain Stimulation. He pursued a fellowship in Movement Disorders and Clinical Neurophysiology at the National Institute of Neurological Disorders and Stroke, NIH, USA (2007-2010). He's currently privat-docent and senior consultant at the University Hospital of Lausanne

and Co-Chair of the TMS-ENMG-Lab and Neuromuscular Unit. His research focuses on the pathophysiology of Movement and Neuromuscular Disorders and therapeutic studies of non-invasive brain stimulation in Parkinson's disease, focal hand dystonia and chronic tinnitus.

TMS can be applied repetitively (rTMS), which modulates cortical excitability and brain activity. The stimulation parameters such as frequency, intensity, periodicity etc determine their effects. High-frequency (≥ 5 Hz) rTMS is facilitatory [Pascual-Leone et al. 1994] and low-frequency (≤ 1 Hz) rTMS inhibitory [Chen et al. 1997]. The neurophysiological effects of rTMS persist beyond the immediate stimulation period, suggesting long-term potentiation and depression, which are basic mechanisms of neural plasticity. This potential for sustainable modulation offers a therapeutic utility of rTMS. The application of rTMS has been approved for the treatment of major depression, and is currently being investigated for various other conditions.



Bolbocean Orest is a medical doctor within the Neurology Department of the Rehabilitation Hospital in Iasi. He has graduated in 2006 and earned his PhD degree in 2011. He is currently working within the group coordinated by prof. Cristian Dinu Popescu, with interests in spine rehabilitation, MS evaluation and follow up, TMS clinical applications.

Department of Neurology, University of Medicine and Pharmacy "Gr.T. Popa" Iasi, Romania

Corpus callosum(CC) is an interhemispheric connection that transfers sensory, cognitive and motor information

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and plays a role in coordinating skilled motor functions. According to imaging studies, demyelinating lesions in corpus callosum were found in 93% of multiple sclerosis patients. TMS allows functional analysis of interhemispheric motor transmission mediated via the transcallosal pathway.

The aim of our study was to determine frequency of motor and transcallosal conduction abnormalities in MS patients and also which of the parameters of transcallosal inhibition(TI) are changed, and to determine if TI investigation increases the sensitivity of TMS in detecting central conduction deficits in MS patients. We investigated 40 MS patients and 18 healthy volunteers.

Results. CMCT was abnormal in 80% of cases, latencies of transcallosal inhibition(LTI) were modified in 77.4% and duration of transcallosal inhibition(DTI) was abnormal in 93.5%.

Conclusions. Significant involvement of corpus callosum in demyelinating processes in MS is demonstrated by frequent transcallosal conduction abnormalities. DTI is a sensitive marker to appreciate transcallosal conduction abnormalities in MS patients. They are found more frequently than CMCT alterations. Demyelinating processes in multiple sclerosis lead to an impairment of interhemispheric transmission, which could also contribute to deficits in motor act performance. TMS investigation should also contain TI examination for a higher sensitivity of abnormalities detection in MS patients.



Ana Maria COBZARU

Born in 3rd of September 1975

Neurologist with competence in electrophysiology and special interest in clinical neurophysiology

Working in the University Emergency Hospital in Bucharest as general neurologist and in private sector as neurophysiologist.

New therapies in peripheral neuropathic pain

The treatment of neuropathic pain is still difficult because of complexity and variety of underlying mechanisms. In those cases where the symptoms or signs suggest peripheral sensitization and ectopic nerve activity, topical application of high-concentration of capsaicin has proved a pronounced defunctionalisation and reduction of hyperactive cutaneous nociceptors, as measured by reversible reduction in intra-epidermal nerve fibres (ENFs), with secondary efficient analgesia.



Dumitru CONSTANTIN

Neurologist, Psychiatrist, Professor, Scientist and Novelist – but much more than all these, a real researcher, a restless character, never satisfied with the conventional answers.

He graduated in 1962 the Medicine University in Bucharest, then became specialist in neurology and psychiatry; in 1974 created the Neurological Clinic in the Central Military Hospital, Bucharest, Romania. As neurologist, is the author of more than 280 scientific works, and also of the EEG and epileptology manual. Passionate about alternative medicine, he studied in Corea, India and China. Awarded by the Romanian President in 2000 with the National Order "Steaua Romaniei" as a Commander degree and in 2004 with the National Order "Meritul Sanitar" as Officer degree.

In 2005 he worked as visiting Professor in "St. George " University of Toronto, Canada, being involved in stem cells and nanomedicine domains. He is an active member of Neurological, Psychiatry and Psychological Societies in Romania and abroad.

EEG in encephalopathies

Encephalopathies are described as situations when the normal brain activity is impaired – permanently or temporary – by different causes, which influence the cognitive function. Between the causes are cited: CNS infections, autoimmune diseases, metabolic, vascular, trauma, endocrine, intoxication etc. EEG changes in encephalopathies have some common patterns, but also some specific features – as in Creutzfeld-Jacob, PESS, hepatic encephalopathy. The relative specificity refers to the main part of EEG changes in some encephalopathies, a low percentage being noticed in other brain conditions.

The main change in encephalopathy is represented by the background rhythm slowing; sometimes there are epileptiform discharges. EEG is in this frame not only useful, but necessary instrument of investigation.



Bogdan FLOREA

Bogdan Florea graduated the "Tuliu Hatieganu" University of Medicine in Cluj-Napoca in 1997. After the five years training in the Neurological Clinic in Cluj Napoca, he became neurologist in 2005. Since 2012 he is consultant neurologist. Clinical neurophysiology fellowships in Italy – Modena and Bologna, USA – Mayo Clinic, Sweden – Uppsala doubled by the daily activity in the computerized EEG department of the Neurological Clinic and many teaching courses in this area recommend him as a passionate in neurophysiology. His research interests include epileptology, neural networks; the main research interest is represented by altered consciousness states and EEG.

In 2002 he graduated the educational Master of Sciences program in Kinesiology, Kinetotherapy and Physical Rehabilitation. He earned the Competence in Clinical Neurophysiology in 2005. Dr. Bogdan Florea is member of some professional associations, such the Romanian Society of Neurology, European Neurological Societies and founder member of the Society for the Study of Neuroprotection and Neuroplasticity, where

where acts as Medical Programs Coordinator since 2007. Since 2009 he is the secretary of the Romanian Society of Electrodiagnostic Neurophysiology – ASNER.

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Nonconvulsive Status Epilepticus – to EEG or not to EEG ?

Electroencephalographic analysis during and after seizures is difficult and skilled interpretation is necessary. This includes differentiation of movement artifact from electrographic seizure discharges and recognition of the varying ictal and post-ictal patterns and the evolution of EEG abnormalities with ongoing Status Epilepticus (SE). Sometimes we really don't need an EEG to diagnose a Generalized Convulsive Status Epilepticus. The situation is more demanding for the neurologist as the motor seizures continues and will become increasingly clinically subtle. It could reach the point of completely dissociation between what we see on EEG and what we clinically observe. This is the point where we are not sure: this is a post-ictal or the patient still has electrical status? Having only very subtle movements or no motor activity, often in coma, the Non-Convulsive Seizures (NCS) and Non-Convulsive Status Epilepticus (NCSE) are the silent killers of the brain. Therefore, it is critical to document by EEG that the Status Epilepticus has stopped. Continuous EEG monitoring is mandatory. Because rapid control of seizures is mandatory. Then, cEEG is a matter of life.



Armand FRASINEANU

Dr. Armand Daniel Frasineanu was born on 11 September 1967 in Bucharest . After graduating "U.M.F Carol Davila" in 1992 (General Medicine), he fulfilled his residency in neurology at Colentina Clinical Hospital, in Bucharest, and became specialist on 1998. From 1998 until now he is employed at Colentina Clinical Hospital. From 2003 he is consultant neurologist .On 2001 he achieved competence in electrophysiology . During the last ten years he was focused on epilepsy and neurodegenerative diseases (Parkinson disease , dementias) and attended few clinical European courses and master classes in these fields .

WHY THE NEED OF SPECIALISTS IN EPILEPSY ?

The presentation is trying to identify the difficulties of the process of epilepsy diagnosis and treatment, at the level of general neurologist and to suggest some clinical scenarios (based on real patients) when the best solution was the intervention of the specialist in epilepsy . At the same time , is an attempt to put red flags on some errors of treatment and diagnosis, specially on the EEG recordings and interpretation .Finally , the conclusion is the need of more specialists in epilepsy and more epilepsy units .

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About a third of all individuals with epilepsy are refractory to medical therapy. Many of these patients suffer from focal epilepsy and are potential candidates for epilepsy surgery.

Ascertaining surgical candidacy requires a costly multimodal evaluation aimed at defining the extent and location of the epileptogenic zone, an area of cortex that must be resected for a complete abolition of seizures. The initial, noninvasive (phase I) evaluation includes inpatient long-term monitoring with video-EEG, structural and functional neuroimaging studies. Frequently however, subsequent invasive recordings (phase II) with chronically implanted intracranial electrodes are needed to improve the definition of the epileptogenic zone. Still, the data provided by invasive recordings is biased by the results of the prior noninvasive studies, which are used to guide intracranial electrode placement.

Approximately 30-60% of surgical patients with pharmacoresistant focal epilepsy experience postoperative seizures. Applying innovative, inexpensive techniques such as electric source imaging and electrode localization by image co-registration is suggested to assist in obtaining a better surgical outcome by improving the definition of the epileptogenic zone. During the talk, these techniques will be introduced, and their specific application in the case of a patient with focal cortical dysplasia and intractable epilepsy will be presented.



Tudor Dimitrie LUPESCU

Tudor Lupescu was born on the 21th of March 1964 in Bucharest. He attended the Carol Davila Medicine University in Bucarest, and graduated in 1989.

1992 he began his training in Neurology at Colentina Hospital in Bucharest, and became a specialist in 1995; since 1996 he works at Agrippa Ionescu Hospital, where in 1999 he became Head of the Neurology Department. In 1998 Dr Tudor Lupescu qualified as Consultant Neurologist.

He showed a special interest in Clinical Neurophysiology, and attended many courses and teaching programs in this field, and in 2000 he earned a Competence in Clinical Neurophysiology (EEG, EMG, Evoked Potentials).

In 1997 he began to use the technique of Transcranial Magnetic Stimulation.

In 2005 Dr Lupescu earned the title of Ph D with the thesis: Motor Evoked Potentials. Transcranial Magnetic Stimulation.

Since 1996 Dr Lupescu was secretary of the Romanian Society of Clinical Neurophysiology, and since 2008 - president of the Romanian Society of Electrodiagnostic Neurophysiology.

Since 2008 Dr Tudor Lupescu is also a member of the Subcommittee for Neurophysiology of the European Neurological Societies. He is also an associate member of the American Academy of Neurology since 2008, and an associate member of the American Association of Neuromuscular & Electrodiagnostic Medicine.

He is author of many articles, oral presentations, and posters, also of chapters of textbooks.

He also shows clinical interest in multiple sclerosis, peripheral neuropathies, and movement disorders, including therapy with botulinum toxin.

TRANSCRANIAL MAGNETIC STIMULATION

Tudor Dimitrie Lupescu

Agrippa Ionescu Hospital, Bucharest

Transcranial magnetic stimulation is a useful neurophysiological technique that investigates the central nervous system, mainly the central motor pathways. It is used as a diagnostic tool, but also in research, therapeutics and neurorehabilitation. The method appeared 25 years ago, and has developed intensively throughout the world, so that nowadays a lot of scientific knowledge has been gathered. This presentation will try to describe the method, its physical and biological principles, and to show its major indications in clinical situations, as well as other more complex approaches regarding the central nervous system function in normal and pathological conditions.



Ioana MINDRUTA

Neurologist with competence in electrophysiology and special interest in epileptology and epilepsy surgery, working in the University Emergency Hospital in Bucharest in the Epilepsy and Sleep Monitoring Unit.

Main research interest in invasive recordings for epilepsy surgery. Vicepresident of Romanian Association for Clinical Electrodiagnosis (ASNER) since 2009.

PhD in 2006 on "Sleep in epileptic syndromes"

Academic affiliation at the University of Medicine and Pharmacy "Carol Davila" of Bucharest since 1994.

EEG evaluation for patients with epilepsy referred to a specialized center

Epilepsy is a chronic disorder, most of the time a lifelong condition.

EEG is regarded as the cornerstone of diagnosis and proves the epileptic nature of recurrent attacks.

Across different stages of the disease, general neurologists usually face a large range of difficulties in managing patient's condition. Evaluation in a center dedicated to epilepsy will offer:

- Interpretation of EEG findings according with the clinical context
- Review of the treatment scheme
- Prolonged video-EEG recordings that could capture clinical events and also sleep studies
- Recommendation of neuroimaging with an epilepsy protocol according to electroclinical semiology
- Phase I presurgical evaluation / Phase II invasive recordings for selected candidates
- Rezection planning / Patient's follow-up.

The presentation will discuss the management of EEG studies and results throughout different disease phases.

Experience with lacosamide treatment in Romania - 6 month of Early Access Program.

The presentation will discuss the results of 6 month lacosamide treatment in a population of patients with focal pharmacoresistant epilepsy. The patients are in clinical follow-up in 8 neurology departments across the country.

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Mihai MOLDOVAN

Mihai Moldovan obtained his medical degree from "Carol Davila" University Bucharest in 1999. Based on his research interests as a student, after graduation he was selected to work in the group of prof. Christian Krarup that continues the Copenhagen neurophysiology school founded by prof Fritz Buchthal in the 60' with the aim of translating experimental neurophysiology into clinical electrodiagnostic procedures for patients with nerve and muscle disease. Mihai Moldovan obtained his PhD degree in neurophysiology from Copenhagen University in 2004 where he continues his scientific career as associate professor. His primary research interest is the development of clinically applicable electrophysiological methods with particular emphasis on peripheral nerve excitability testing. While based in Copenhagen, Mihai

Moldovan continued to collaborate with prof .Leon Zagrean at "Carol Davila" University first as scientific project coordinator and now as associate professor at the department of physiology. His research in Bucharest is focused on developing electroencephalographic biomarkers to monitor the ischemic disturbances in the electrical activity of the brain neuronal networks. Emerging from these wide research interests are not only original publications and review articles in high impact international journals but also educational chapters in several neuroscience and neurophysiology textbooks in Romanian language. Mihai Moldovan has scientific duties in several international organizations including International Brain Research Organization (IBRO). He is also founder member and scientific consultant for the National Neuroscience Society of Romania (SNN) and the Romanian Society of Electrodiagnostic Neurophysiology (ASNER) where he continues to promote the advantages of neurophysiological investigations for clinical practice. He was recently appointed editorial board member for Clinical Neurophysiology, the official scientific journal of the International Federation of Clinical Neurophysiology (IFCN).

Abnormal axonal ion currents in neuropathy: from diagnostic to therapy

Conventional peripheral nerve conduction studies (NCS) provide information about the number and conduction velocity of axons that are able to propagate the electrically evoked action potentials between the stimulation and recording sites.

At axonal membrane level, conduction velocity of myelinated axons is determined primarily by the passive cable properties and by the nodal transient voltage-dependent Na⁺ channels while the remaining membrane ion channel machinery including but not limited to voltage-gated K⁺ channels are used to maintain the threshold for action potential generation.

Clues about the membrane function of peripheral axons in vivo can be obtained by "threshold-tracking" excitability testing, a "submaximal" stimulation technique complementary to NCS. Nerve excitability testing provide information about (i) nodal Na⁺ currents (mediated by Nav1.6 in motor axons and Nav1.6 co-expressed with Nav1.1/Nav1.7 on sensory axons); (ii) fast K⁺ currents (juxtaparanodal Kv1.1 and Kv1.2); (iii) slow K⁺ currents (mainly Kv7.2 on nodal and internodal membrane) and (iv) inward rectifier currents (mainly HCN1 on internodal membrane) which are comprised in a 2-compartment (nodal-internodal) biophysical membrane model accounting for differences between motor and sensory axons. These channels are not specific to peripheral axons, and their mutation giving raise to excitability alterations in the central nervous (like epilepsy) may not lead

to neuropathy but still be detectable by nerve excitability testing. This presentation will focus mainly on neurophysiological testing of Nav function by nerve excitability testing techniques. This could offer a new insight into acquired transcriptional channelopathies i.e. alteration in expression of non-mutated Nav channel isoforms, such as those leading to chronic pain. Furthermore, it could offer a monitoring tool for the level of Nav blocker therapy in CNS conditions like multiple sclerosis or epilepsy.

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Mircea MOLDOVAN

Dr. Mircea Moldovan, graduated the Carol Davila University of Medicine and Pharmacy, Bucharest in 1965, works at the Neurology Department of Elias Hospital, Bucharest, since 1969., Doctor of Medicine (MD) in 1977, consultant Neurologist since 1980

All during his medical career he maintained a constant preoccupation for clinical neurophysiology. In the 80's, his main interest was focused on EEG and evoked potentials, practicing under the guidance of Prof Dr V. Voiculescu.

In the 90's, his interest extended toward studies of peripheric conduction and EMG, and subsequently directed the Clinical Neurophysiology Laboratory for EMG and Evoked Potentials of the Elias University Emergency Hospital.

During his practice activity, he was a promoter of the importance of clinical neurophysiology techniques in neurological practice,

through constant publication and presentation of papers at [national and International] scientific meetings and in scientific journals. Of even greater importance, through his practical experience accumulated and didactic spirit, he contributed to the initiation in clinical neurophysiology of new generations of young neurologists.

In the last decade, as the Neurology Department of Elias Hospital was transformed into a University facility, Dr. Mircea Moldovan officialized his competencies in EMG (2003) and EEG (2004); maintaining his didactic activities, he is conducting – together with Dr. I. Codita – the practical demonstrations for the post-graduate EMG courses organized by Associate Prof. C. Panea MD

In addition, Dr. Mircea Moldovan had a decisive contribution to the revival of the Clinical Neurophysiology from Romania (ASNER), as a founding member since 2009.

Segmental motor paralysis of the left upper limb in herpes zoster

Authors: M. Moldovan¹, B. Rotaru², Oana Neagu³, Carmen Nutu⁴, Ionela Codita¹ SUU Elias,²C.M. Sanador,³C.M. MedLife,⁴CMDTA

The paper presents a case of a 71 years old woman, clinically diagnosed with Herpes Zoster affecting C5-C6 territory on the left arm, which associated paralysis of abduction and rotation of the arm.

When evaluated it was 3 weeks from the rash debut; her medical history is unremarkable, excepting recent stress factors. The rash first appeared on the left thenar eminence, then on the anterior aspect of the fist, then the whole anterior region of the left arm and forearm. At the moment of the evaluation, the skin lesions presented crusts. Excepting the abduction and external rotation of the arm (2/5 BMRC, also limited by pain), the other functional tests are normal. The tendon reflexes are normal and symmetrical. There was no objective sensory deficit.

The neurographic study was within normal limits in median, ulnar and radial nerves. The sensory potential amplitude was normal in lateral antebrachial cutaneous nerve, but lowered in medial antebrachial cutaneous nerve, suggesting an axonal lesion. One should also note the low penetrance of f wave for left median nerve. The EMG was normal for left trapezius, biceps, brachioradialis muscles; there was spontaneous activity in left supraspinatus, teres minor (fibs) and deltoid (fibs and psw), but with normal MUPs and with neurogenic recruitment.

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Dafin F. MURESANU

DAFIN F. MURESANU, MD, PhD, MBA, is Professor of Neurology, Chairman of the Clinical Neurosciences Department, University of Medicine and Pharmacy "Iuliu Hatieganu" Cluj-Napoca, member of the Academy of Medical Sciences, Romania. He is also President of the Society for the Study of Neuroprotection and Neuroplasticity. In these roles, he acts as coordinator in international educational programs of European Master type (European Master in Stroke Medicine, University of Krems), organizer and co-organizer of European and international schools and courses (Eastern European Neurology Summer School for Young Neurologists - www.ssn.ro, European Stroke Organisation Summer School, Danubian Neurological Society Teaching Course). His activity includes his involvement in many clinical studies and research projects, his membership in the executive board of many national and international societies, participations as invited speaker in national

and international congresses, and a significant portfolio of scientific articles, contributions in monographs and books published by prestigious international publishing houses. Prof. Dr. Muresanu has been honoured with the Faculty of Medicine, University of Medicine and Pharmacy "Iuliu Hatieganu" Cluj-Napoca "Octavian Fodor Award" for the best scientific activity of the year 2010 and the 2009 Romanian Academy of Medical Sciences "Gheorghe Marinescu Award" for advanced contributions in Neuroprotection and Neuroplasticity.

The role of multimodal molecules and pleiotropic metabolic regulators in brain protection and recovery

The old concept that neuroprotection means suppressing pathophysiological processes, the idea that a single mechanism molecule might be effective in clinical practice are obsolete today, and represents the root cause of failure.

The effects of etiological agents on the brain traditionally are conceived as a linear sum of independent pathophysiological processes (excitotoxicity, inflammation, apoptosis-like, oxidative stress, misfolding protein, etc.) generating the pathways of pathological cascades in acute and chronic disorders.

The pathway approach has produced a very detailed understanding of molecular changes in the postlesional brain but it possesses blind spots that are critically related to the failure of pharmacological neuroprotection treatment in neurodegenerative disorders.

This is due to the simplistic way of understanding the neurobiological processes supporting brain protection and recovery and pathophysiological mechanisms. The failure of modifying disease therapies in many pathological conditions is measuring the failure of the reductionistic approach to the problem.

Every lesion in the nervous system initially triggers an endogenous neuroprotective reaction followed by an endogenous repair process, combining neurotrophicity, neuroprotection, neuroplasticity and neurogenesis, overlapping and acting under genetic control to generate endogenous defense activity (EDA) which continually counteracts pathophysiological processes - damage mechanism (DM).

All these biological processes are initiated and regulated by biological molecules.

Neurotrophic factors are probably the best example in this respect. They are acting in a pleiotropic neuroprotective way against pathological cascades.

The same molecules, due to a complex genetically regulated process, are able to regulate further on neurotrophicity, neuroplasticity and neurogenesis as well. Therefore, they have not only pleiotropic neuroprotective activity but also multimodal mechanism of action.

In the same time, post-lesional brain has a very demanding status of aerobic metabolic activation. Unfortunately, in mostly all pathological conditions, this important pathway is heavily impaired. A good cellular aerobic metabolic status is an important prerequisite for neuroprotection and recovery regulated by multimodal molecules. Therefore, we should focus our therapeutical efforts also to sustain this important biological background. In this respect, pleiotropic metabolic regulators having the capacity to improve critically disregulated glucose aerobic metabolic pathway are crucial for neurorestorative approach.

Beside the concept and therapeutical effects of multimodal molecules and pleiotropic metabolic regulators, this presentation will give an overview on the evolution of clinical treatment concepts with these two classes of molecules in stroke.

Andreas SCHILLER



Dr. Andreas Schiller graduated 1998 from medical school, Geneva University, Switzerland. After internship in internal medicine he did his Neurology residency in the Neurology Department of the University Hospital Zurich. Neurology Board exam certified in 2005, he is responsible for the neurophysiological laboratory of the Clinic for Plastic and Handsurgery at University Hospital Zurich since 2006. His special interests are peripheral nerve- and brachial plexus injuries, peripheral nerve tumors and intraoperative electrophysiological diagnostics. Next to the University Hospital, he works in his private Neurological practice Neuromed in Zurich. His research interests are imagery of peripheral nerves, intraoperative diagnostics and more in general subjects pertinent to electrophysiological examination of peripheral nerves.

Neurogenic thoracic outlet syndrome : what it teaches us about the brachial plexus

Neurogenic thoracic outlet syndrome (NTOS) is a rare but distinct clinical and electrophysiological entity due to compression and eventually damage of the brachial plexus at the level of the scalenus triangle. Due to its relatively unspecific symptoms it is either missed or overdiagnosed if strict diagnostic criteria are not applied. Signs and symptoms may increase and become invalidating, often ability to work is compromised. Diagnosis is based on clinical examination and typical electrophysiological findings that correspond to a sensory-motor brachial plexus lesion. Its electrophysiological features may well be recognized if its distinct pattern, a combination of median, ulnar and median antebrachial cutaneous nerve neurography findings, complemented by a thorough needle electromyography exam, are recognized. Due to their low specificity, diagnosis of NTOS must not be based on provocation manoeuvres. Disputed neurogenic thoracic outlet syndrome is a poorly defined syndrome with no electrophysiological and radiological substrate, it should therefore be abandoned. Differential diagnosis is large and englobes a large spectrum of non traumatic brachial plexus and peripheral nerve pathologies. Radiological examination sometimes demonstrates a cervical rib on conventional examinations. Newer magnetic resonance imagery techniques may support diagnosis in certain cases. Treatment of NTOS is always surgical when a lesion of the brachial plexus is documented. Failure to treat this condition in due time may result in rapidly progressive and irreversible neurological damage. The postoperative prognosis in the hands of experienced nerve surgeons is usually good. In conclusion, understanding NTOS constitutes a valuable basis for diagnosing and treating pathologies of the brachial plexus.